Inclusive Teen/Young Adult Groups

Many Neurodivergent teens and young adults are interested in having friends to text, share interests and hang out with them. Dr. Sperry ad Michael Orth of Autism Services And Programs have established long term inclusive social groups that teach teens and young adults about establishing and maintaining healthy relationships and friendships. One of the groups has a special emphasis on Sexuality education and focuses on learning about how to navigate romantic and intimate relationships. The group for younger teens is focused on social and friendship skills. We use the following evidence-based curricula: PEERS, Intimate Relationships and Sexual Health, and Sexuality and Relationship Education for Children and Adolescents on with Autism Spectrum Disorders.

This training is intended to help you establish a teen/young adult group in your community. We will teach you step by step:

- How to constitute a group
- Recruit and train peers
- Choose appropriate staff
- Structure the group
- Teach the skills
- Take data
- Facilitate friendships outside of group
- Support community outings

After the didactic portion, the trainers will work with you on action planning to set up a group in your community. We will work with you once the group is established to model the running of the group and then provide coaching and feedback as you take over the facilitation of the group.

Trainers:

**Dr. Sperry** is a Ph.D, BCBA-D and has a degree in Forensic Psychology and Criminology. She works with the Neurodiverse Student Support Program at Stanford University, Department of Psychiatry and is the CEO of Autism Services and Programs (ASAP).

**Michael Orth** is a Registered Behavior Technician. Prior to coming to ASAP Mr. Orth worked at the Joshua School, a nationally ranked school for students with significant support needs, for 12 years.

March 31st & April 1st, 2020 * 9:00a.m.– 4:00p.m.

Held at the Redwood Coast Regional Center, Ukiah

To Register Contact Leah Thompson at (707) 445-0893, Ext.321