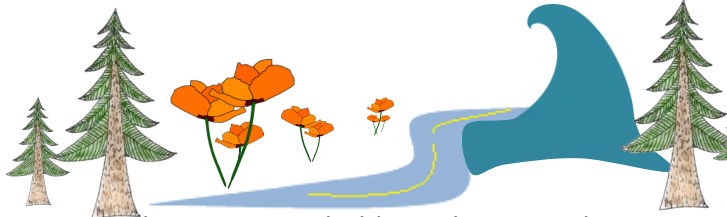


The Self-Determination Program



Del Norte • Humboldt • Lake • Mendocino

The Department of Developmental Services (DDS) is developing a new program called the Self-Determination Program (SDP) that will let participants have more control over selecting their services and supports.

HELP MAKE THE CHOICES THAT AFFECT YOUR LIFE

MY IPP



1. Participate in the development of your Individual Program Plan (IPP) through a Person-Centered planning process.
2. Accept greater control and responsibility regarding the services and supports you need to achieve your goals.
3. You will still have a Service Coordinator to assist you. In addition, you may choose to use an Independent Facilitator (IF) to help plan and get services and supports.

MANAGE YOUR INDIVIDUAL BUDGET

1. You will be given a specific budget to purchase the services and supports that you need to achieve your plan.
2. You must use a Financial Management Service (FMS) vendored by Redwood Coast Regional Center (RCRC) to pay for your services.
3. You will be able to pick which providers or individuals deliver your services. They will require a background check but will not have to be vendored.



Steps of the Self-Determination Program

HOW TO GET INFORMATION

- Learn more at www.dds.ca.gov or <http://redwoodcoastrc.org> or <https://www.facebook.com/redwoodcoastregionalcenter/>
- Attend one of the Local Self-Determination Advisory Committee meetings
- Ask your Service Coordinator for information on the Self-Determination Program
- Review the RCRC Self-Determination Program brochure

HOW TO GET ON THE LIST

1. Attend a mandatory **Self-Determination Information Meeting** organized by Redwood Coast Regional Center (RCRC) (**See meeting schedule below.*)
2. After you have participated in the Information Meeting, if you still think that Self-Determination is a good option for you or your family member, complete the **Interest Card** available at each Information Meeting. Being on the list does not guarantee you will be selected as part of the first 2,500 participants statewide.

HOW TO BE SELECTED

1. RCRC will submit names of those interested to DDS.
2. DDS will select the 2,500 enrollees from among those who have attended a **Self-Determination Information Meeting**. The selection takes into consideration regional center, ethnicity, age, gender, disability and diagnosis to ensure those selected represent the statewide regional center population.
3. Those selected will be contacted by RCRC to enroll in Self-Determination Trainings to begin participation in the Program.
4. After the initial three year rollout, all people receiving regional center services will have the choice to participate in the Self-Determination Program.

SELF-DETERMINATION INFORMATION MEETING – ONLINE

To attend the mandatory meeting online, go to:

https://zoom.us/recording/share/i7eub3rMK_jon0ygyB8W0ABEWx3lCJm_x2xrG6tm8deiwlumekTziMw?startTime=1531499879000

Please note: Use Google Chrome browser